

MAKING REUSABLE BAGS



SUPERNOVA
DALHOUSIE UNIVERSITY | HALIFAX, NOVA SCOTIA

A PURPOSEFUL APPROACH TO RECYCLING!

MATERIALS

3

- 1 old t-shirt
- 1 pair of scissors (fabric scissors if you have any)
- Fabric markers

1 HOUR

PROCEDURE

Step 1

Cut the sleeves off of your old t-shirt
*Get an adult to help!

Step 2

Cut down from the collar area on both sides, then inwards to meet in the centre (*Get an adult to help!). This step creates the handles out of the shoulder/side area.

Step 3

Flatten the shirt and make sure the bottom is evenly spread out

Step 4

At the bottom of the shirt, cut 2-3 inches upwards - creating slits about 1 inch in width along the bottom of the shirt. Make sure you are cutting both the front and back of the shirt *Get an adult to help

Step 5

Turn the shirt inside out, & tie the front and back slits together in a knot. There will still be a space between adjacent knots. Once this step is complete tie the top slit to the adjacent bottom slit. Repeat across all knots. This will close the space between them.

CUSTOMIZE YOUR BAG TO MAKE IT YOUR OWN!

PURPOSE & SCIENCE OUTCOMES

- The fashion/textile industry is incredibly wasteful.
- The amounts of water/energy needed to create fabric are high compared to other industries, and production often involves chemicals that are harmful to the environment.
- Upcycling is a great way to combat this!

ANY QUESTIONS? REACH OUT @SUPERNOVAATDAL